

Monday

TAE KWON DO
5:30PM
REGISTER ONLINE
FIRST CLASS IS FREE

Tuesday

FREE SOCIAL WALK
8:00-10:00AM

TAI CHI
10:30-11:30AM
DROP-IN \$5.00
FIRST CLASS IS FREE

PICKLEBALL
6:30-8:30PM
DROP-IN \$5.00

ALL SKILL LEVELS
WELCOME.

Wednesday

CHAIR YOGA
10:00-11:00AM
DROP-IN \$5.00
NEW SESSION JUNE 5

(NO LATE ARRIVALS
PLEASE)
FIRST CLASS IS FREE

TAE KWON DO
5:30PM
REGISTER ONLINE
FIRST CLASS IS FREE

FIT TO FABULOUS
7:30-8:30PM
\$3.00 DROP-IN

FIRST CLASS IS FREE

Thursday

BEGINNER YOGA
6:30-7:30PM
DROP-IN \$5.00
(NO LATE ARRIVALS
PLEASE)
FIRST CLASS IS FREE
NEW SESSION JUNE 13

PICKLEBALL
6:30-8:30PM
\$5.00 DROP-IN

ALL SKILL LEVELS
WELCOME.

Friday

GENTLE
FITNESS
9:00-10:00AM

DROP-IN
\$3.00
FIRST CLASS IS
FREE

MEMBERSHIPS
NEEDED
SINGLE \$10
FAMILY \$20

Saturday

TAE KWON DO
10:00AM

REGISTER ONLINE
FIRST CLASS IS
FREE

CALGARY MARLBOROUGH COMMUNITY ASSOC. 636 MARLBOROUGH WAY NE 403-273-5894

WWW.CALGARYMARLBOROUGH.COM